

ATP

CHAITANYA AYURVED MAHAVIDYALAYA ,SAKEGAON

FOURTH YEAR B.A.M.S. (2022 - 2023)

SUBJECT: KAYACHIKITSA

- Theory Two Paper – 90 Marks each = 180 marks
- Theory internal assessment 30 marks
- Number of lectures – 300
- Hospital training / clinical posting – 9 months

Sr.No.	Name of topic	Term	Allotted Lectures	Executed Lectures	Name of teacher	Month
1 (Paper I)	Derivation of the terms 'KAYA', 'Chikitsa' and their definitions and synonyms .definition of kayachikitsa , definition of bheshaja,types, detailed description of bheshaja and chikitsa, knowledge about chikitsa chatushpada,rogi-roga pariksha sidhhanta,astasthanapariksha	I	3	3	Dr.Aruna S. Chaudhari	Sept 2022
2	Importance of kriyakala according to stages of Dosha and their management	I	3	3	Dr.Aruna S. Chaudhari	Sept 2022
3	Chikitsa sutra and management of vrudhhi of dosha ,dhatu and mala ,oja vyapat and its management. Chikitsa sutra and management of sama – nirama states. Roga anutpattikar chikitsa ,roga prashman chikitsa, vyadhi pratyanaiik chikitsa, ubhaypratynika chikitsa Management of stanantara dosha (aashyapakarsha gati , anuloma /pratiloma gatiof	I	3	3	Dr. Manish Phalak	Oct 2022
			2	2		

	dosha, vimarga gaman of dosha), knowledge of lina dosha and its management .sutra and Management of aavarana and dhatu pradoshaja disease, importance of dosha dushya,bala , kala,agni,prakriti,vaya,satva,satyma,desh,aahara and stages of diseases in treating them. Chikitsa sutra and management of samanyaja and nantmaj vyadhi.	2	2	2	Dr. Manish Phalak	Nov 2022
4	Detailed description of dvividhopakrma and shadvidhopakrma . Detailed description of shodhna ,shaman and nidana parivarjana ,knowledge of aushadh matra ,seven kala and anupana , definition and knowledge of pathya –apathya with examples of diseases of various systems .	1	5	4	Dr. Manish Phalak	Dec 2022
5	Derivation of term manas ,its sthana, guna and karma . samanya chikitsa sidhant of manas roga .	1	2	2	Dr. Manish Phalak	Jan 2023
6	Principles and management of nutritional deficiency disorders. Management of vardhakyajanya vikara ,indriyapradoshaja vikara ,Alzheimers disease ,sleep disorders general debility.	1	5	4	Dr. Manish Phalak	Feb 2023
7	General introduction and management of diseases produced by genetic , environmental and latrogenic factor. Disorders due to drug and food allergy and their management and other allergic conditions.	1	6	5	Dr. Harshal Bari	March 2023
8	Detailed description of chikitsa sutra and management of jwara and its types	1	10	10	Dr. Harshal Bari	April and may 2023
9	Etiopathogenesis and relevant ayurvedic and modern management of following types of fevers –Typhoid ,Pneumonia, Pleurisy ,Influenza ,Mumps ,Meningitis ,Encephalitis ,Tenatus , Yellow fever ,Plague ,Dengue fever, Chikun guniya , Leptospirosis , viral fever, Anthrax ,Maurika laghu Masurika, Romantika.	1	10	09	Dr. Harshal Bari	Sept 2022
10 (Paper 2)	Chikitsa sutra and management of the disease of Pranavaha strotas such as kasa,shwasa, hikka,rajayakshma ,urakshta ,parshwashool , Bronchitis ,Bronchiectasis ,Empysema and COPD.	1	15	13	Dr. Manish Phalak	Oct
11	Chikitsa sutra and management of the disease of Udakavaha strotas such as shoath,	1	15	14	Dr.Aruna	

23	Description and management of following emergency conditions acute haemorrhage, hypertensive emergencies, acute abdominal pain, oliguria, anuria, congestive heart failure, myocardial infraction, angina, shock, syncope, convulsions, hypoglycemia, status asthmaticus, acute respiratory distress syndrome, drowning and electric shock	11	15	13	Dr. Harshal Bari	Oct 2023
24 (paper 2)	Chikitsa sutra and management of shukravaha strotas such as klabhya, shukralpta, shukradosha, kshina shukra, dhwajabhanga.	11	10	09	Dr. Harshal Bari	July 2023
25	Chikitsa sutra and management of mutravaha strotas such as mutrakrucho, mutragraha, ashmari, cystitis, nephritis, nephrotic syndrome, renal failure, BPH.	11	6	5	Dr. Manish Phalak	Aug 2023
26	Chikitsa sutra and management of purishvaha strotas such as atisara, pravahika, arsha, purishaja krumi, ulcerative colitis.	11	6	6	Dr. Aruna Chaudhari	Sept 2023
27	Chikitsa sutra and management of sexually transmitted diseases such as phiranga, upadansh, pyuyameha, lymphogranuloma inguinale, syphilis gonorrhoea	11	7	6	Dr. Manish Phalak	Oct 2023
28	Introduction, definition and management of kama, krodha, lobha, moha, mada, matsarra, shoka, bhaya, vishada, dainya, harsha and pradnyaparadh .	11	9	8	Dr. Harshal Bari	Nov 2023
29	Manas and manovaha strotasa nidana ,chikitsa of following disorders – apasmara, attawabhinivesh, anxiety disorder ,depression, mood disorder, stress induced disorders, psychosexual disorders, Importance of daivaviyapashraya , satwayajaya, adrvayabhuta chikitsa.	11	8	7	Dr. Aruna Chaudhari	Sept 2023
30	Medhya rasayana in management of manas roga , bhuta vidya diagnosis and management of graha disorders .	11	4	3	Dr. Aruna Chaudhari	Oct 2023
31	Derivations ,definition and synonyms of rasayana, importance of rasayana and its benefits. Indication of rasayana therapy. Classification of rasayana. Kutipraveshika and vaatpika rasayana. Aachara rasayana, rasayana yogas and its direction for use . Determination of dose of rasayana according to age . Rules and regulations after rasayana therapy, importance of immunomodulators and antioxidants n rasayana therapy.	11	12	11	Dr. Aruna Chaudhari	Oct 2023
31	Vajikarana – Derivations , definition ,synonyms ,necessity ,benefits ,importance of fertility, symptoms of shukra vajikarana dravya and aushadhi properties, doses,	11	10	9	Dr. Harshal Bari	Nov 2023

