

॥ श्री धन्वतरये नमः ॥

Purva Khandesh Kushtha Seva Mandal Sanchalit

Chaitanya Ayurved Mahavidyalaya

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Ref. No.

Date : / / 20

Initiating the Kriyakalapa procedure involves several steps:

Pre-Procedure Preparation:

1. Patient Selection: Identify suitable patients for Kriya kalapa, considering medical history, current health, and treatment goals.
2. Education and Consent: Inform patients about the procedure, benefits, risks, and expected outcomes. Obtain written consent.
3. Pre-Treatment Analysis: Assess the patient's dosha balance, vata, pitta, and kapha, to tailor the treatment.

Procedure Preparation:

1. Herbal Preparation: Prepare the required herbal concoction or oil, following traditional Ayurvedic methods.
2. Equipment Preparation: Sterilize and prepare the necessary equipment, such as droppers or syringes.
4. Environment Preparation: Create a calm and comfortable environment for the procedure.

Initiating the Procedure:

1. Patient Positioning: Position the patient comfortably, ensuring access to the treatment area.
2. Herbal Administration: Administer the herbal concoction or oil into the nostrils or ears, depending on the specific procedure.
3. Massage and Relaxation: Provide gentle massage and relaxation techniques to enhance the treatment effect.

Post-Procedure Care:

1. Monitoring: Observe the patient for any adverse reactions or discomfort.
2. Instructions: Provide guidance on post-treatment care, diet, and lifestyle modifications.
4. Follow-up: Schedule follow-up appointments to assess progress and adjust the treatment plan as needed

Important Considerations:

- Consult a qualified Ayurvedic practitioner before administering Kriyakalapa.
- Ensure proper hygiene and sterilization of equipment.
- Use gentle and comfortable techniques to avoid discomfort or injury.




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