



# Chaitanya Ayurved Mahavidyalaya

“Chaitanyavan” N.H.No.6, A/p.Sakegaon, Tal.Bhusawal, Dist.Jalgaon,  
(Maharashtra) - 425201, Mb.No. 8459964934

Web :- [camsakegaon.org](http://camsakegaon.org), E-mail :- [ayurvedchaitanya@yahoo.in](mailto:ayurvedchaitanya@yahoo.in)

Hospital :- Jamner Road, Bhusawal - ☎ 02582- 240661, 240861

Ref. No.

Date : / / 20

## 8.1.3. Promotion of Seasonal Panchakarma Protocol

As considering public health values & health awareness department of Panchakarma promotes seasonal panchakarma and life style modification.

The department aims to galvanize total public health as well as eradication of disease. As per an objective of department, department is practicing life style modification & seasonal Panchakarma. From the establishment of department, have designed there step protocol to perform panchakarma for health awareness and life style modification. Department has yearly assigned vasantikvamana shibirinvasant rutu& bastipanchakarma shibirinvarsha rutu.Department also have organized health awareness camps in educational institute.

### The first step of protocol is:

- Planning panchakarma.
- Publicity through rural and urban areas through pomlets & posters, newspapers and through articles.

### The second step of protocol is:

- Inauguration of camp with the help of competent authority of institution & guest.
- To do health check-up throughout the day with prior registration.
- To perform the karma on the planed day.

॥ श्री धन्वतरये नमः ॥

Purva Khandesh Kushtha Seva Mandal Sanchalit



# Chaitanya Ayurved Mahavidyalaya

"Chaitanyavan" N.H.No.6, A/p.Sakegaon, Tal.Bhusawal, Dist.Jalgaon,  
(Maharashtra) - 425201, Mb.No. 8459964934

Web :- [camsakegaon.org](http://camsakegaon.org), E-mail :- [ayurvedchaitanya@yahoo.in](mailto:ayurvedchaitanya@yahoo.in)

Hospital :- Jamner Road, Bhusawal - ☎ 02582- 240661, 240861

Ref. No.

Date : / / 20

## The third step of protocol is:

- To give the institution regarding dietary regimen.
- To follow pathya and apathya.
- To publish the program through the newspaper.
- The number of seasonal panchkarma from 2019 till 2024 attached through this documentary proof.
- In winter season, the department of panchkarma is doing all allied panchakarma like massage, steam bath (snehan/swedan), each & every year. As per life modification plans, we are also doing murdhni tailam, pizichil, udvartanam, different pinda swedan, talpodichil, padabhyanga, netra tarpanam.
- The department have organized public health awareness camps for (young age groups) teenagers, middle age groups & senile in previous years.



  
**PRINCIPAL**  
Chaitanya Ayurved Mahavidyalaya  
Sakegaon - Bhusawal